



The Collagen Boosters

Your Anti-Aging Protocol

CLUB RVL · OPEN ACCESS
ANTI-AGING PILLAR · NO. 01

Collagen isn't something you drink. It's something you build. Protect what you have by day, rebuild it by night. Do this, exactly.

THE SCIENCE — WHAT YOU'RE BUILDING

I · ARCHITECTURE

The steel beams

Structural collagen that keeps skin firm. Peptides and retinol rebuild it.

The villain is MMP — an enzyme, triggered by UV, that breaks down the collagen you already have. Every step below either blocks MMP or builds collagen back.

III · BABY COLLAGEN

Youthful bounce

Rich in newborn skin, lost with age. Vitamin C brings it back.

VII · THE ANCHOR

The foundation

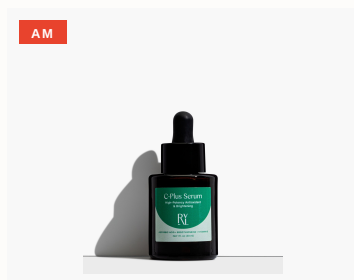
Connects outer skin to the layers beneath. Protect it and everything holds.

STEP 1 — THE MORNING, STEP BY STEP



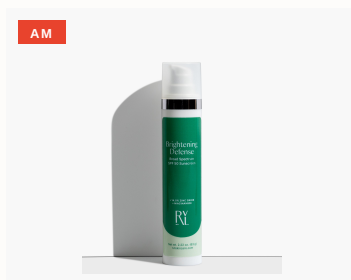
1 Clean canvas

Sweep on **Sensitive Emulsion**. Papaya enzymes and green tea resurface gently.



2 Antioxidant

C-Plus Serum on dry skin. L-ascorbic acid, the most efficacious Vitamin C.



3 Protect

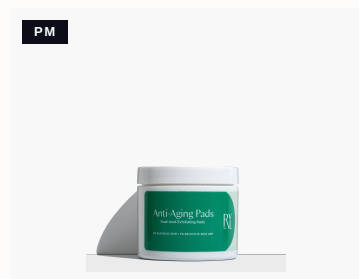
Non-negotiable. Brightening Defense SPF 50. Zinc blocks the UV that triggers MMP.



4 Build

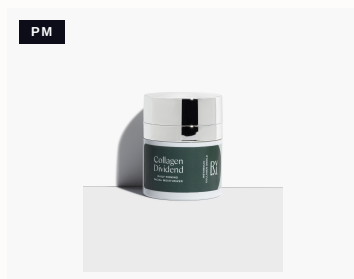
Collagen Dividend seals it in. Adipogenic peptides, ceramides, hyaluronic acid.

STEP 2 — THE EVENING, STEP BY STEP



1 Exfoliate

Anti-Aging Pads. 5% glycolic lifts the surface, 2% salicylic clears the pore from within.



2 Build again

Collagen Dividend earns its place twice a day. This is the one you never skip.



3 Renew

Ritinol 0.5, pea-size. Retinol is the most validated topical in dermatology.



4 Be patient

Collagen rebuilds on its own clock. **Commit to three months minimum** before you judge it.

Ease into retinol:

WEEK 1
Mon · Wed · Fri



WEEKS 2-3
every other night



WEEK 4+
nightly



IRRITATED?
pull back, no prize for pushing

THE FULL PROTOCOL

- ★ **Collagen Dividend** the hero — morning and night
- **Sensitive Emulsion** the gentle AM cleanse
- **C-Plus Serum** L-ascorbic acid, every morning

- **Anti-Aging Pads** your PM exfoliation, glycolic + salicylic
- **Ritinol 0.5** nightly retinol renewal
- **Brightening Defense** SPF 50, the step that protects the work

OPEN ACCESS · EPISODE NO. 01

Shop the protocol

Every product above links straight to it. No code, no gate — the full routine is open to everyone.

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UP NEXT

No. 02 · The Tone Correctors